

Herstmeeting LZV: Session: 1: Startlist per athlete for TEAM: ZGEEL

Coachinfo: Warming up from: 07:45 untill . Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Vereecken Sven

Coaches: Dillen Toon

Coaches: Willems Joyce HEADCOACH

PB => Personal Best time

Athlete: AERTS SIEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	4	2	03:13.30	03:22.25	11:50

Athlete: AGTEN VALERIO ÁLVARO

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY MEN 11+	12	2	3	02:57.59	no time	12:03

Athlete: BEGUE MILANN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11+	8	5	5	04:39.58	04:42.66	10:48

Athlete: BOECKX LISA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	2	2	no time	no time	11:41

Athlete: BOOGERS NOOR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11+	5	5	2	04:56.95	05:04.96	09:50

Athlete: CORNELIS KAAAT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	2	5	no time	no time	11:41

Athlete: DE FEYTER LUCAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY MEN 11+	12	2	6	03:10.09	03:07.76	12:03

Athlete: DE RIDDER ROXANE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	5	5	02:58.16	02:55.78	11:54

Athlete: DILLEN FINN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11+	8	4	4	04:54.02	04:53.43	10:43

Herstmeeting LZV: Session: 1: Startlist per athlete for TEAM: ZGEEL

Athlete: DILLEN NORAH

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	5	3	02:32.09	02:34.89	11:54

Athlete: DJONOU IMBA ITZANA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	4	4	no time	03:10.49	11:50

Athlete: GILLES NATHAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 11+	10	4	6	02:29.72	02:42.12	11:25

Athlete: GOOSSENS FERRE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 11+	10	2	1	03:31.07	03:18.48	11:18

Athlete: GOOSSENS MARTHE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	4	6	03:19.17	03:18.16	11:50

Athlete: HUFKENS ELINA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	4	3	03:13.80	03:07.82	11:50

Athlete: HUFKENS ILIAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11+	8	5	6	04:45.24	04:42.86	10:48

Athlete: LIEVENS RUBE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 11+	10	3	4	02:42.65	02:32.51	11:22

Athlete: MAERTENS HELENA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	3	5	03:33.59	no time	11:46

Athlete: MICHOEL QUINTEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 11+	8	5	3	04:11.88	04:23.90	10:48

Athlete: NEYRINCK RUBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY MEN 11+	12	2	4	02:57.76	03:05.19	12:03

Herstmeeting LZV: Session: 1: Startlist per athlete for TEAM: ZGEEL

Athlete: NIEUWENHUIS ZOë

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE WOMEN 11+	9	3	4	02:50.03	02:42.05	11:01

Athlete: RAMSDONCK KRIS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY MEN 11+	12	2	5	03:02.55	no time	12:03

Athlete: SCHEPERS LENTHE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	3	3	03:20.58	03:28.15	11:46

Athlete: SEGERS EMMA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	2	4	no time	no time	11:41

Athlete: STERCKX DAAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY MEN 11+	12	2	2	02:59.04	03:03.92	12:03

Athlete: STIJNEN JEF

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 11+	10	1	4	no time	no time	11:14

Athlete: VAN ASTEN RENéE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	5	1	03:03.51	03:12.57	11:54

Athlete: VAN DE WEYER FOUKE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	2	3	no time	no time	11:41

Athlete: VAN MEER RUNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY MEN 11+	12	1	2	03:49.08	no time	11:58

Athlete: VAN TILBURG FRAUKE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11+	5	4	3	05:12.58	05:31.14	09:44

Athlete: VANLOMMEL LUISA VALENTINA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11+	5	5	5	05:08.94	05:09.23	09:50

Herstmeeting LZV: Session: 1: Startlist per athlete for TEAM: ZGEEL

Athlete: VERDONCK JULIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11+	11	1	3	no time	no time	11:37

Athlete: WOUTERS DORA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE WOMEN 11+	9	4	6	02:35.69	02:41.00	11:05

Athlete: WOUTERS MIT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE WOMEN 11+	9	2	2	02:46.33	02:52.47	10:58